## CatholicMom.com Gospel Activity – Celebrating Our Catholic Faith Religious Education Lesson Plan Helpers by Laura Grace

## What Sacrament Is It?

Need: Questions and answers about the seven sacraments.

Directions: Divide the class into teams. Using the questions below or a list of your own, ask one team member a question. If they are correct, they earn a point for their team. If they are not correct, ask someone from another team. The team with the highest score wins. (\*Note: If needed, you can write the seven sacraments on the board to help remind the students).

Use your own questions or mix up the questions below:

### **Baptism**

This sacrament gives our souls the new life of Sanctifying Grace, by which we become children of God and heirs of heaven. What sacrament is it? Baptism

When you were born, you had original sin. This sacrament takes away original sin. What sacrament is it? Baptism

This sacrament is the first sacrament because it is the door to the Church and no other sacrament can be received without it. What sacrament is it? Baptism

This sacrament is a second birth. What sacrament is it? Baptism

When this sacrament is done, we receive a permanent mark on our souls. This mark makes us members of the Church. What sacrament is it? Baptism

You are anointed for the first time during this sacrament. What sacrament is it? Baptism

This sacrament is necessary for our salvation. What sacrament is it? Baptism

You can only receive this sacrament once. What sacrament is it? Baptism

#### Reconciliation

This is the sacrament when sins committed after baptism are forgiven through the absolution of the priest. What sacrament is it? Reconciliation

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- This sacrament is when the individual's sins are forgiven through confession and penance. What sacrament is it? Reconciliation
- This is when you confess of having done something wrong. What sacrament is it? Reconciliation
- The priest listens to confessions and gives absolution. What sacrament is it? Reconciliation
- An examination of conscious is needed before confession. What sacrament is it? Reconciliation
- We have to be sorry for our sins or they will not be forgiven. What sacrament is it? Reconciliation
- We must firmly resolve to not sin again. What sacrament is it? Reconciliation
- The prayers or good works assigned by the priest after one has confessed his sins is called penance. What sacrament is it? Reconciliation
- This sacrament gives us Sanctifying Grace. What sacrament is it? Reconciliation
- We must perform the penance the priest assigns as soon as possible after leaving the confessional. What sacrament is this? Reconciliation
- A person must receive this sacrament before receiving Communion if they have committed a serious sin. What sacrament is it? Reconciliation

### **Eucharist**

This is a sacrament and a sacrifice. What sacrament is it? Eucharist

Jesus instituted this sacrament at the Last Supper. What sacrament is it? Eucharist

You receive this sacrament after consecration. What sacrament is it? Eucharist

- We receive the body and blood of Jesus Christ in this sacrament. What sacrament is it? Eucharist
- We may not eat one hour before receiving this sacrament. What sacrament is it? Eucharist

This sacrament is required weekly. What sacrament is it? Eucharist

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You receive this sacrament during Holy Mass. What sacrament is it? Eucharist

Transubstantiation happens during this sacrament. What sacrament is it? Eucharist

This sacrament is also known as "Holy Communion". What sacrament is it? Eucharist

#### Confirmation

The bishop is the usual minister of this sacrament. What sacrament is it? Confirmation

The Holy Spirit comes to us in a special way and enables us to profess our faith as strong and perfect Christians and soldiers of Jesus Christ through the sacrament. What sacrament is it? Confirmation

You receive your second anointing during this sacrament. What sacrament it is? Confirmation

A person receiving this sacrament receives the seal of the Holy Spirit, symbolizing that they belong totally to Christ. What sacrament is it? Confirmation

### **Holy Orders**

Through this sacrament, men receive the power and grace to perform the sacred duties of bishops, priests, and other ministers of the Church. What sacrament is it? Holy Orders

The bishop is the minister of this sacrament. What sacrament is it? Holy Orders

After receiving this sacrament, the priest has the power to change ordinary bread and wine into the Body and Blood of Jesus Christ. What sacrament is it? Holy Orders

When a priest is ordained, he receives this sacrament. What sacrament is it? Holy Orders

### Matrimony

This sacrament is when a baptized man and a baptized woman bind themselves for life in a lawful marriage and receive the grace to discharge their duties. What sacrament is it? Matrimony

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- After this sacrament is done, it binds a man and woman to love and be faithful to each other until death. What sacrament is it? Matrimony
- Only the Catholic Church has the authority to make regulations about this sacrament. What sacrament is it? Matrimony
- The laws of the Church require a Catholic to be married in the presence of a bishop, priest, or deacon and before two witnesses. What sacrament is it? Matrimony
- This binds a woman and a man until death do us part. What sacrament is it? Matrimony
- This sacrament binds a man and a woman to be faithful to one another. What sacrament is it? Matrimony

Having children and to provide in every way for their welfare is a big part of this sacrament. What sacrament is it? Matrimony

### **Anointing of the Sick**

This sacrament is done through the anointing with blessed oil by the priest, and through his prayer, gives health and strength to the soul and sometimes to the body when we are in danger of death from sickness, accident, or old age. What sacrament is it? Anointing of the Sick

- This sacrament used to be called the Sacrament of Extreme Unction. What sacrament is it? Anointing of the Sick
- The priest anoints the sick person with blessed oil. What sacrament is it? Anointing of the Sick
- Through prayer of the priest, the person's soul receives health and strength. What sacrament is it? Anointing of the Sick
- The purpose of the sacrament is to revive the sick person into awareness that he is not alone, God is with him. What sacrament is this? Anointing of the Sick
- We should prepare for this sacrament by making a good confession. What sacrament is it? Anointing of the Sick
- Family members should call a priest to do this sacrament when someone is seriously ill, even if he is not in danger of death. What sacrament is it? Anointing of the Sick

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This sacrament takes away mortal sin if the person is unconscious and has made an Act of Contrition (perfect of imperfect) after sinning. What sacrament is it? Anointing of the Sick

If a person dies suddenly, the priest is allowed to give absolution and this sacrament. What sacrament is it? Anointing of the Sick